

Meet Results

**Lake Central Junior Varsity 30-Nov-11 SC Meters
Converted Times Used For Calculating Improvement**

Time	F/P/S	Relay	Place	Points	Improv
Event # 1 Women 200 Medley Relay					
2:42.25S	F	B Relay Valparaiso High School	VALP IN	2	4
		Meara E. Keen (FR) Madison I. Whitler (SO)	Bailey E. Henderlong (FR)	Courtney A. Turner (SO)	
		41.32 45.26 40.54 35.13			
2:49.38S	F	A Relay Valparaiso High School	VALP IN	3	2
		Natalie A. Lichtenberger (SO) Lexie Bluhm (JR)	Peyton Westergren	Audrey E. Belancin (FR)	
		42.98 45.17 43.12 38.11			
3:02.54S	F	C Relay Valparaiso High School	VALP IN	5	---
		Taylor L. Dixon (FR) Samaah M. Al-Najjar (FR)	Emily W. Walsh (FR)	Katie M. Mulroe (FR)	
		44.81 53.48 48.31 35.94			
Event # 1 Women 200 Medley Relay - Lead-Off Legs (50 Back)					
41.32S	F	Keen, Meara E.	VALP-IN	---	6.89 %
42.98S	F	Lichtenberger, Natalie A.	VALP-IN	---	0.51 %
44.81S	F	Dixon, Taylor L.	VALP-IN	---	7.28 %
Event # 2 Men 200 Medley Relay					
2:32.29S	F	A Relay Valparaiso High School	VALP IN	1	8
		40.05 39.50 44.02 28.72			
Event # 3 Women 200 Free					
2:30.52S	F	Schlichting, Liz	VALP-IN	1	1.84 %
		34.44 37.44 39.37 39.27			
2:37.68S	F	Delgado, Vanessa I.	VALP-IN	2	1.47 %
		36.37 39.61 41.06 40.64			
2:49.79S	F	Henderlong, Bailey E.	VALP-IN	4	1.83 %
		36.71 42.66 46.14 44.28			
Event # 5 Women 200 IM					
3:21.81S	F	Bluhm, Lexie	VALP-IN	2	1.99 %
		47.99 56.90 53.11 43.81			
3:34.55S	F	Martin, Alaina L.	VALP-IN	4	12.98 %
		43.38 59.26 1:03.06 48.85			
3:40.82S	F	Mulroe, Katie M.	VALP-IN	6	12.31 %
		50.94 55.07 1:05.80 49.01			
Event # 7 Women 50 Free					
34.95S	F	Turner, Courtney A.	VALP-IN	2	1.63 %
36.01S	F	Westergren, Peyton	VALP-IN	3	6.83 %
37.90S	F	Belancin, Audrey E.	VALP-IN	5	5.96 %
Event # 11 Women 100 Fly					
1:21.32S	F	Schlichting, Liz	VALP-IN	1	1.73 %
		37.46 43.86			
1:39.79S	F	Westergren, Peyton	VALP-IN	5	-1.24 %
		46.99 52.80			
1:53.95S	F	Walsh, Emily W.	VALP-IN	6	-0.54 %
		52.51 1:01.44			

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Event # 13 Women 100 Free					
1:14.92S		F Turner, Courtney A.	1	6	2.95 %
	41.30	33.62			
1:15.93S		F Keen, Meara E.	2	4	1.33 %
	35.58	40.35			
1:19.55S		F Lichtenberger, Natalie A.	4	2	0.97 %
	39.71	39.84			
Event # 15 Women 400 Free					
5:31.49S		F Delgado, Vanessa I.	1	6	-0.90 %
	38.50	41.46 42.16 42.42			
	41.21	42.24 42.56 40.94			
5:56.88S		F Henderlong, Bailey E.	2	4	0.94 %
	41.04	44.55 44.97 45.45			
	46.17	46.07 45.28 43.35			
6:09.67S		F Lutz, Sophie K.	4	2	0.68 %
	39.91	44.74 47.96 48.06			
	47.28	47.87 48.51 45.34			
Event # 17 Women 200 Free Relay					
2:21.10S	F	A Relay	Valparaiso High School	VALP IN	2 4
	Audrey E. Belancin (FR)		Vanessa I. Delgado (SO)	Courtney A. Turner (SO)	Liz Schlichting (FR)
	38.95	35.62	35.18	31.35	
2:27.44S	F	B Relay	Valparaiso High School	VALP IN	4 ---
	Alaina L. Martin (SO)		Sophie K. Lutz (FR)	Katie M. Mulroe (FR)	Peyton Westergren
	44.82	30.84	37.08	34.70	
2:39.33S	F	C Relay	Valparaiso High School	VALP IN	6 ---
	Emily W. Walsh (FR)		Samaah M. Al-Najjar (FR)	Lexie Bluhm (JR)	Taylor L. Dixon (FR)
	41.49	42.44	36.43	38.97	
Event # 17 Women 200 Free Relay - Lead-Off Legs (50 Free)					
38.95S		F Belancin, Audrey E.	---	---	3.35 %
41.49S		F Walsh, Emily W.	---	---	-3.83 %
44.82S		F Martin, Alaina L.	---	---	-17.08 %
Event # 18 Men 200 Free Relay					
2:21.94S	F	A Relay	Valparaiso High School	VALP IN	3 2
	39.47	34.89	36.87	30.71	
Event # 19 Women 100 Back					
1:28.78S		F Keen, Meara E.	3	3	3.78 %
	43.42	45.36			
1:32.54S		F Lichtenberger, Natalie A.	4	2	1.45 %
	46.39	46.15			
1:44.50S		F Dixon, Taylor L.	6	---	0.77 %
	48.06	56.44			

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Event # 21 Women 100 Breast

1:39.48S		F	Bluhm, Lexie	VALP-IN	1	6	0.23 %
	47.54		51.94				
1:41.65S		F	Whitler, Madison I.	VALP-IN	2	4	-0.22 %
	48.36		53.29				
2:05.77S		F	Al-Najjar, Samaah M.	VALP-IN	5	1	-5.41 %
	59.67		1:06.10				

Event # 23 Women 400 Free Relay

4:59.31S	F	A Relay	Valparaiso High School	VALP IN	1	8	
	Meara E. Keen (FR)		Bailey E. Henderlong (FR)	Vanessa I. Delgado (SO)		Liz Schlichting (FR)	
	37.35	42.89	35.64	39.02			
	36.33	38.32	32.72	37.04			
5:34.96S	F	B Relay	Valparaiso High School	VALP IN	4	---	
	Katie M. Mulroe (FR)		Sophie K. Lutz (FR)	Alaina L. Martin (SO)		Natalie A. Lichtenberger (SO)	
	42.51	43.43	39.24	42.22			
	40.53	46.19	39.30	41.54			
5:56.98S	F	C Relay	Valparaiso High School	VALP IN	5	---	
	Taylor L. Dixon (FR)		Audrey E. Belancin (FR)	Emily W. Walsh (FR)		Madison I. Whitler (SO)	
	42.87	50.34	41.21	48.97			
	42.23	49.22	38.80	43.34			

Event # 23 Women 400 Free Relay - Lead-Off Legs (100 Free)

1:20.24S		F	Keen, Meara E.	VALP-IN	---	---	-4.28 %
	37.35						
1:25.94S		F	Mulroe, Katie M.	VALP-IN	---	---	-6.48 %
	42.51						
1:33.21S		F	Dixon, Taylor L.	VALP-IN	---	---	7.36 %
	42.87						

Event # 24 Men 400 Free Relay

5:14.27S	F	A Relay	Valparaiso High School	VALP IN	1	8	
	33.12	40.44	43.24	46.49			
	35.80	42.50	34.10	38.58			