

Meet Results

**Michigan City Dual Meet 17-Jan-12 SC Meters
Converted Times Used For Calculating Improvement**

Time	F/P/S	Relay	Place	Points	Improv
Event # 1 Women 200 Medley Relay					
2:19.14S	F	A Relay Valparaiso High School	VALP	2	4
		Ryan E. Thomas (SR) Riley C. Carter (SR)	Lauren S. Lafferty (SR)	Mary Cobble (FR)	
		35.16 1:14.54 1:48.92 2:19.14			
		(35.16) (39.38) (34.38) (30.22)			
2:27.97S	F	B Relay Valparaiso High School	VALP	4	---
		Marisa L. Cain (JR) Allison A. Drever (SO)	Brianna M. Konrad (JR)	Erin N. Delahunty (FR)	
		35.11 1:18.74 1:56.42 2:27.97			
		(35.11) (43.63) (37.68) (31.55)			
Event # 1 Women 200 Medley Relay - Lead-Off Legs (50 Back)					
35.11S	F	Cain, Marisa L.	VALP	---	---
35.16S	F	Thomas, Ryan E.	VALP	---	---
					-0.54 %
					-3.81 %
Event # 3 Women 200 Free					
2:18.06S	F	Lamberson, Allie M.	VALP	1	6
		31.96 1:06.96 1:42.57 2:18.06			
		(31.96) (35.00) (35.61) (35.49)			
2:22.41S	F	Delahunty, Erin N.	VALP	3	3
		33.20 1:09.97 1:47.11 2:22.41			
		(33.20) (36.77) (37.14) (35.30)			
2:27.71S	F	Schlichting, Liz	VALP	4	2
		34.10 1:11.29 1:49.62 2:27.71			
		(34.10) (37.19) (38.33) (38.09)			
Event # 5 Women 200 IM					
2:45.84S	F	Perry, Sydney E.	VALP	2	4
		36.19 1:18.78 2:09.43 2:45.84			
		(36.19) (42.59) (50.65) (36.41)			
2:48.39S	F	Johnson, Justine T.	VALP	3	3
		38.29 1:22.04 2:13.22 2:48.39			
		(38.29) (43.75) (51.18) (35.17)			
2:52.44S	F	Lafferty, Lauren S.	VALP	5	1
		37.72 1:23.56 2:15.79 2:52.44			
		(37.72) (45.84) (52.23) (36.65)			
Event # 7 Women 50 Free					
28.88S	F	Steffus, Kaitlyn A.	VALP	1	6
30.77S	F	Thomas, Ryan E.	VALP	3	3
31.60S	F	Schlichting, Liz	VALP	5	1
					0.99 %
					0.36 %
					-0.51 %
Event # 9 Women 1 Meter 6 Dives					
282.10	F	El-Naggar, Khalela	VALP	1	6
206.55	F	McBride, Taylor	VALP	2	4
					3.18 %
					-2.20 %

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Event # 11 Women 100 Fly							
1:19.64S		F Lafferty, Lauren S.	VALP		3	3	-2.54 %
	37.50	1:19.64					
	(37.50)	(42.14)					
1:24.20S		F Konrad, Brianna M.	VALP		5	1	-6.87 %
	37.84	1:24.20					
	(37.84)	(46.36)					
1:29.62S		F Sunday, Riley M.	VALP		6	---	-4.84 %
	39.43	1:29.62					
	(39.43)	(50.19)					
Event # 13 Women 100 Free							
1:01.69S		F Lamberson, Allie M.	VALP		1	6	-1.26 %
	29.39	1:01.69					
	(29.39)	(32.30)					
1:08.96S		F Cobble, Mary	VALP		4	2	-1.00 %
	32.77	1:08.96					
	(32.77)	(36.19)					
1:10.34S		F Thomas, Ryan E.	VALP		5	1	5.29 %
	32.89	1:10.34					
	(32.89)	(37.45)					
Event # 15 Women 400 Free							
4:46.70S		F Steffus, Kaitlyn A.	VALP		1	6	0.43 %
	32.05	1:07.10 1:43.46 2:20.16					
	(32.05)	(35.05) (36.36) (36.70)					
	2:56.49	3:33.02 4:10.05 4:46.70					
	(36.33)	(36.53) (37.03) (36.65)					
4:53.29S		F Johnson, Justine T.	VALP		2	4	0.32 %
	33.50	1:09.89 1:47.10 2:24.61					
	(33.50)	(36.39) (37.21) (37.51)					
	3:01.91	3:39.58 4:16.69 4:53.29					
	(37.30)	(37.67) (37.11) (36.60)					
5:07.20S		F Delahunty, Erin N.	VALP		3	3	2.26 %
	35.46	1:14.45 1:52.91 2:31.64					
	(35.46)	(38.99) (38.46) (38.73)					
	3:10.68	3:49.85 4:29.27 5:07.20					
	(39.04)	(39.17) (39.42) (37.93)					

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Time	F/P/S	Relay	Place	Points	Improv
Event # 17 Women 200 Free Relay					
1:58.13S	F	A Relay Valparaiso High School	1	8	
		Allie M. Lamberson (SR) Erin N. Delahunty (FR)			Kaitlyn A. Steffus (JR)
		29.17 59.18 1:29.00 1:58.13			
		(29.17) (30.01) (29.82) (29.13)			
2:02.52S	F	B Relay Valparaiso High School	3	2	
		Justine T. Johnson (SR) Brianna M. Konrad (JR)			Mary Cobble (FR)
		30.83 1:01.58 1:32.38 2:02.52			
		(30.83) (30.75) (30.80) (30.14)			
2:11.54S	F	C Relay Valparaiso High School	4	---	
		Marisa L. Cain (JR) Riley C. Carter (SR)			Liz Schlichting (SO)
		32.94 1:05.40 1:39.25 2:11.54			
		(32.94) (32.46) (33.85) (32.29)			
Event # 17 Women 200 Free Relay - Lead-Off Legs (50 Free)					
29.17S	F	Lamberson, Allie M.	---	---	-4.78 %
30.83S	F	Johnson, Justine T.	---	---	0.39 %
32.94S	F	Cain, Marisa L.	---	---	0.15 %
Event # 19 Women 100 Back					
1:14.11S	F	Cain, Marisa L.	1	6	0.51 %
		35.78 1:14.11			
		(35.78) (38.33)			
1:19.28S	F	Perry, Sydney E.	3	3	-0.42 %
		38.52 1:19.28			
		(38.52) (40.76)			
1:20.56S	F	Wirsing, Natalie N.	4	2	-4.20 %
		38.83 1:20.56			
		(38.83) (41.73)			
Event # 21 Women 100 Breast					
1:24.89S	F	Carter, Riley C.	1	6	0.76 %
		40.78 1:24.89			
		(40.78) (44.11)			
1:31.93S	F	Drever, Allison A.	5	1	-2.70 %
		43.73 1:31.93			
		(43.73) (48.20)			
1:35.00S	F	Cobble, Mary	6	---	-2.26 %
		44.62 1:35.00			
		(44.62) (50.38)			

